

**ORGANIC PORRIDGE WITH SOYA MILK AND BERRY
COMPOTE**

Ingredients : Soya milk [SOYA] (Hulled Soya Beans 8.8%
[SOYA],Water) , Gluten free rolled jumbo oats [OATS] , Frozen mixed
berries (Raspberry,blackcurrant,Strawberries 35%,Blueberries 60%) , Maple
syrup , Agave syrup , Caster sugar , Cornflour , Date syrup , Water

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame
and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	1966	432
Energy (KCal)	468	103
Fat (g)	10	2
of which Saturates (g)	2	0
Carbohydrate (g)	73	16
of which Sugars (g)	36	8
Protein (g)	17.70	3.89
Fibre (g)	10.40	2.29
Salt (g)	0.13	0.03

Total Weight : 455 ge