

RARE ROASTED BEEF

Ingredients : Ciabatta [WHEAT] (WheatFlour [WHEAT],Water,Olive oil,Salt) , Rare roast beef , Roquette salad , Greek yoghurt [MILK] (Skimmed Milk [MILK],Fresh pasteurised cream Fortified with milk solids [MILK],Live bio cultures) , Sour cream [MILK] (Skimmed Milk [MILK],Cream [MILK],Starter Culture) , Red onion , Horseradish , Beetroot juice (Beetroot Juice,Apple Juice) , Balsamic vinegar [SULPHITES] (Wine,Water,Antioxidant (Sulphites) [SULPHITES],Concentrated Grape Must) , Blackcurrant cordial [SULPHITES] (Water,Sugar,Blackcurrant Juice from Concentrate,Acidity Regulator (Citric acid),Vitamin C,Preservative (Potassium sorbate),Preservative (Sodium Bisulphite) [SULPHITES],Colouring anthocyanin) , Salt , Sunflower oil or rapeseed oil , Light brown sugar (Sugar,Cane molasses,Inverted Sugar Syrup) , Thyme

Not suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Gluten, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	1247	747
Energy (KCal)	298	178
Fat (g)	5	3
of which Saturates (g)	2	1
Carbohydrate (g)	47	28
of which Sugars (g)	2	1
Protein (g)	16.56	9.92
Fibre (g)	2.62	1.57
Salt (g)	1.63	0.98

Total Weight : 167 ge