

**ORGANIC PORRIDGE WITH SKIMMED MILK AND  
BERRY COMPOTE**

**Ingredients :** Skimmed milk [MILK] (Cow's Milk [MILK]) , Gluten free rolled jumbo oats [OATS] , Frozen mixed berries (Raspberry,blackcurrant,Strawberries 35%,Blueberries 60%) , Maple syrup , Agave syrup , Caster sugar , Cornflour , Date syrup , Water

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

**Nutritionals**

	Total Per item	Total Per 100 gr
Energy (Kj)	2008	441
Energy (KCal)	474	104
Fat (g)	4	1
of which Saturates (g)	1	0
Carbohydrate (g)	88	19
of which Sugars (g)	51	11
Protein (g)	18.00	3.96
Fibre (g)	8.60	1.89
Salt (g)	0.34	0.08

Total Weight : 455 ge