

**HOT TOASTED BALSAMIC ROASTED BROCCOLI ,
ROASTED PEPPERS, TAPENADE WITH ONION &
MOZZARELLA CIABATTA**

Ingredients : Ciabatta [WHEAT] (WheatFlour [WHEAT],Water,Olive oil,Salt) , Broccoli spears , Black olive paste (Black Olives,Salt,Sunflower Oil,Olive oil) , Cheddar [MILK] (Cow's Milk [MILK],Salt,Starter Culture,Vegetarian Rennet,Anti 1%) , Peppers , Red onion , Mozzarella [MILK] (Cow's Milk [MILK],Vegetable Rennet,Salt,Acidity Regulator (Citric acid)) , Butter [MILK] , Balsamic vinegar [SULPHITES] (Wine,Water,Antioxidant (Sulphites) [SULPHITES],Concentrated Grape Must) , Caster sugar , Olive oil , Garlic , Chive , Salt

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Gluten, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	3538	987
Energy (KCal)	849	237
Fat (g)	44	12
of which Saturates (g)	16	5
Carbohydrate (g)	93	26
of which Sugars (g)	10	3
Protein (g)	23.54	6.57
Fibre (g)	8.18	2.28
Salt (g)	6.16	1.72

Total Weight : 358.5 ge