

HOT TOASTED HONEY GLAZED HAM, PICKLE & CHEDDAR CHEESE CIABATTA

Ingredients : Ciabatta [WHEAT] (WheatFlour [WHEAT],Water,Olive oil,Salt) , Cheddar [MILK] (Cow's Milk [MILK],Salt,Starter Culture,Vegeterian Rennet,Anti 1%) , Honey glazed ham [MEAT] , Piccalilly , Butter [MILK] , Dijon mustard [MUSTARD] [SULPHI TES] (Mustard Seed [MUSTARD],Spirit vinegar,Sea Salt,Water,Preservative (Sodium Hydrogen Sulphite) [SULPHI TES])

Not suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Gluten, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	3594	1109
Energy (KCal)	863	266
Fat (g)	45	14
of which Saturates (g)	27	8
Carbohydrate (g)	77	24
of which Sugars (g)	1	0
Protein (g)	40.07	12.37
Fibre (g)	4.03	1.24
Salt (g)	4.96	1.53

Total Weight : 324 ge