

PLUM AND ALMOND 9" SQUARE

Ingredients : Plums , Caster sugar , Ground almonds [NUTS] , Butter [MILK] , Egg [EGG] , Flaked almonds [NUTS] , Gluten free plain flour (Rice,Potato,Tapioca,Maize,Buckwheat) , Egg yolk [EGG]

Suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	18970	1200
Energy (KCal)	4564	289
Fat (g)	329	21
of which Saturates (g)	116	7
Carbohydrate (g)	313	20
of which Sugars (g)	262	17
Protein (g)	86.14	5.45
Salt (g)	0.62	0.04
Fibre (g)	37.19	2.35

Total Weight : 1581 g $\mathbf{e}$