

BLUEBERRY AND ALMOND FRIAND

Ingredients : Icing sugar (maize starch,Sugar) , Egg white [EGG] ,
Butter [MILK] , Flaked almonds [NUTS] , Fresh blueberry (13%) , Ground
almonds [NUTS] , Gluten free plain flour
(Rice,Potato,Tapioca,Maize,Buckwheat) , Lemon zest , Vanilla essence
(Water,Monopropylene Glycol,Natural Vanilla)

Suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	1237	1547
Energy (KCal)	297	371
Fat (g)	20	25
of which Saturates (g)	7	8
Carbohydrate (g)	22	28
of which Sugars (g)	18	22
Protein (g)	6.24	7.80
Salt (g)	0.07	0.09
Fibre (g)	2.00	2.50

Total Weight : 80 ge