

GREEN MONSTER

Ingredients : Almond milk [NUTS] (Water,Almond (2.3%)
[NUTS],Calcium (Tri-Calciumphosphate),Sea Salt,Stabaliser (locust bean
gum, gellen gum),Emulsifier (Sunflower Lecithin),Vitamins (Riboflavin B2,
B12, E, D2)) , Fresh banana , Spinach , Honey [HONEY]

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame
and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	504	224
Energy (KCal)	120	53
Fat (g)	2	1
of which Saturates (g)	0	0
Carbohydrate (g)	23	10
of which Sugars (g)	21	10
Protein (g)	2.12	0.94
Fibre (g)	1.62	0.72
Salt (g)	0.54	0.24

Total Weight : 225 ge