

WORKOUT REFRESHER

Ingredients : Apple granny smith , Celery [CELERY] , Cucumbers ,  
Lemons

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame  
and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	525	154
Energy (KCal)	125	37
Fat (g)	2	1
of which Saturates (g)	0	0
Carbohydrate (g)	30	9
of which Sugars (g)	30	9
Protein (g)	1.90	0.56
Fibre (g)	5.06	1.49
Salt (g)	1.58	0.47

Total Weight : 340 g<sup>e</sup>