

POWER HOUSE

Ingredients : Carrots , Red beetroot raw , Cucumbers , Apple granny smith , Ginger root , Limes , Fresh mint

Suitable for vegetarians

For allergens please see ingredients in bold. Please note in our bakery we handle Nuts, Milk, Eggs, Soya & peanuts.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	529	156
Energy (KCal)	126	37
Fat (g)	2	1
of which Saturates (g)	0	0
Carbohydrate (g)	25	7
of which Sugars (g)	21	6
Protein (g)	3.11	0.91
Salt (g)	0.77	0.23
Fibre (g)	5.91	1.74

Total Weight : 340 g~~e~~