

DOUBLE CHOCOLATE CHIP MINI MUFFIN

Ingredients : Sour cream [MILK] (Skimmed Milk [MILK], Cream[MILK] [MILK], Starter Culture) , Gluten free plain flour (Rice, Potato, Tapioca, Maize, Buckwheat) , Caster sugar , Light brown sugar , Sunflower oil , Dark chocolate (7%) [SOYA] (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: Soya lecithin [SOYA], Natural Vanilla) , Free range eggs [EGG] , Cocoa powder (5%) , Milk chocolate (4%) [MILK] [SOYA] (Sugar, Cocoa Butter, Whole Milk Powder [MILK], Cocoa Mass, Emulsifier: Soya Lecithin [SOYA], Flavouring, Natural Vanilla) , Rice krispies [BARLEY] (Rice, Sugar, Salt, Barley Malt Flavouring [BARLEY]) , Water , 70% chocolate [SOYA] (Cocoa mass 71%, Sugar, Fat Reduced Cocoa Powder, Emulsifier: Soya lecithin [SOYA], Natural Vanilla) , Egg yolk [EGG] , Gluten free baking powder (Raising Agents(Mono Calcium Phosphate, Sodium Bicarbonate), Cornstarch) , Honey [HONEY] , Sodium bicarbonate , Desiccated coconut [SULPHITES] (Coconut, sulphur dioxide [SULPHITES] [SULPHITES]) , Gluten free jumbo oats [OATS]

Suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	419	1554
Energy (KCal)	100	371
Fat (g)	5	20
of which Saturates (g)	2	7
Carbohydrate (g)	12	43
of which Sugars (g)	8	29
Protein (g)	1.24	4.59
Salt (g)	0.09	0.35
Fibre (g)	0.80	2.97

Total Weight : 27 g^e