

**RARE ROASTED BEEF**

Ingredients : Ciabatta [WHEAT] (WheatFlour [WHEAT],Water,Olive oil,Salt) , Rare roast beef , Roquette salad , Greek yoghurt [MILK] (Skimmed Milk [MILK],Fresh pasteurised cream Fortified with milk solids [MILK],Live bio cultures) , Sour cream [MILK] (Skimmed Milk [MILK],Cream[MILK] [MILK],Starter Culture) , Red onion , Horseradish , Beetroot juice (Beetroot Juice,Apple Juice) , Balsamic vinegar [SULPHITES] (Wine,Water,Antioxidant:: Sulphites [SULPHITES],Concentrated Grape Must) , Blackcurrant cordial [SULPHITES] (Water,Sugar,Blackcurrant Juice from Concentrate,Citric acid ,Vitamin C,Preservative: Potassium sorbate ,Preservative: Sodium Bisulphite [SULPHITES],Colouring anthocyanin) , Salt , Sunflower oil , Light brown sugar , Thyme

Not suitable for vegetarians

**Nutritionals**

	Total Per item	Total Per 100 gr
Energy (Kj)	1247	746
Energy (KCal)	298	178
Fat (g)	5	3
of which Saturates (g)	2	1
Carbohydrate (g)	47	28
of which Sugars (g)	2	1
Protein (g)	16.53	9.90
Salt (g)	1.63	0.98
Fibre (g)	2.62	1.57

Total Weight : 167 ge