

CHICKEN CAESAR SALAD

Ingredients : Lettuce , Free range eggs [EGG] , Chicken , Ciabatta [BARLEY] [RYE] [WHEAT] (WheatFlour [WHEAT],Water,Olive oil,Salt) , Parmesan (vegetarian hard cheese) [MILK] (Cow's Milk [MILK],Salt,Vegetable Rennet,Starter Culture,Firming agent (E509)) , Mayonnaise [EGG] [MUSTARD] (rapeseed oil,Water,Egg [EGG],Spirit vinegar,Sugar,Salt,Lemon Juice,Xanthan Gum,Mustard Seed [MUSTARD]) , Water , Sunflower oil , Olive oil , Chervil , Chive , Lemons[%] , Garlic , Dijon mustard [MUSTARD] [SULPHITES] (Mustard Seed [MUSTARD],Spirit vinegar,Agave,Sea Salt,Preservative (Lactic Acid),Turmeric,Fennel Seeds,Coriander Seed) , Peppercorns

Not suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	1166	729
Energy (KCal)	290	181
Fat (g)	17	11
of which Saturates (g)	5	3
Carbohydrate (g)	14	9
of which Sugars (g)	1	1
Protein (g)	20.67	12.92
Salt (g)	0.71	0.45
Fibre (g)	1.42	0.89

Total Weight : 160 ge