

ORGANIC PORRIDGE WITH ALMOND MILK AND MIXED
BERRY COMPOTE

Ingredients : Almond milk [NUTS] (Water,Almond 23% [NUTS],Calcium (Tri-Calciumphosphate),Sea Salt,Stabaliser (locust bean gum, gellen gum),Emulsifier: Sunflower Lecithin,Vitamins (Riboflavin B2, B12, D2)) , Gluten free jumbo oats [OATS] , Frozen mixed berries (Raspberry,blackcurrant,Strawberries 35%,Blueberries (60%)) , Maple syrup , Caster sugar , Cornflour

Suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	1109	445
Energy (KCal)	263	106
Fat (g)	21	8
of which Saturates (g)	1	0
Carbohydrate (g)	46	19
of which Sugars (g)	20	8
Protein (g)	6.21	2.49
Salt (g)	0.25	0.10
Fibre (g)	5.86	2.35

Total Weight : 249 ge