

ORGANIC PORRIDGE WITH ALMOND MILK AND MIXED
BERRY COMPOTE

Ingredients : Almond milk [NUTS] (Water,Almond 23% [NUTS],Calcium (Tri-Calciumphosphate),Sea Salt,Stabaliser (locust bean gum, gellen gum),Emulsifier: Sunflower Lecithin,Vitamins (Riboflavin B2, B12, D2)) , Gluten free jumbo oats [OATS] , Frozen mixed berries (Raspberry,blackcurrant,Strawberries 35%,Blueberries (60%)) , Maple syrup , Agave syrup , Caster sugar , Cornflour , Date syrup , Water

Suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	1726	379
Energy (KCal)	410	90
Fat (g)	37	8
of which Saturates (g)	1	0
Carbohydrate (g)	72	16
of which Sugars (g)	36	8
Protein (g)	9.06	1.99
Salt (g)	0.46	0.10
Fibre (g)	9.79	2.15

Total Weight : 455 ge