

ORGANIC PORRIDGE WITH ALMOND MILK AND MIXED
BERRY COMPOTE

Ingredients : Almond milk [NUTS] (Water,Almond 2.3%
[NUTS],Calcium (Tri-Calciumphosphate),Sea Salt,Stabaliser (locust bean
gum, gellen gum),Emulsifier Sunflower Lecithin,Vitamins (Riboflavin B2,
B12, E, D2)) , Gluten free rolled jumbo oats [OATS] , Frozen mixed berries
(Raspberry,blackcurrant,Strawberries 35%,Blueberries 60%) , Maple syrup ,
Agave syrup , Caster sugar , Cornflour , Date syrup , Water

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame
and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	1726	379
Energy (KCal)	411	90
Fat (g)	7	2
of which Saturates (g)	1	0
Carbohydrate (g)	73	16
of which Sugars (g)	36	8
Protein (g)	9.00	1.98
Fibre (g)	9.50	2.09
Salt (g)	0.43	0.10

Total Weight : 455 ge