

**ORGANIC PORRIDGE WITH SOYA MILK AND BERRY  
COMPOTE**

Ingredients : Soya milk [SOYA] (Hulled Soya Beans 8.8%  
[SOYA],Water) , Gluten free rolled jumbo oats [OATS] , Frozen mixed  
berries (Raspberry,blackcurrant,Strawberries 35%,Blueberries 60%) , Maple  
syrup , Agave syrup , Caster sugar , Cornflour , Date syrup , Water

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame  
and Sulphites.

**Nutritionals**

	Total Per item	Total Per 100 gr
Energy (Kj)	1966	432
Energy (KCal)	468	103
Fat (g)	10	2
of which Saturates (g)	2	0
Carbohydrate (g)	73	16
of which Sugars (g)	36	8
Protein (g)	17.70	3.89
Fibre (g)	10.40	2.29
Salt (g)	0.13	0.03

Total Weight : 455 ge