

ORGANIC PORRIDGE WITH WHOLE MILK

Ingredients : Whole milk [MILK] , Gluten free jumbo oats [OATS] ,
Frozen mixed berries (Raspberry,blackcurrant,Strawberries 35%,Blueberries
(60%)) , Maple syrup , Agave syrup , Caster sugar , Cornflour , Date
syrup , Water

Suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	2347	516
Energy (KCal)	557	122
Fat (g)	14	3
of which Saturates (g)	7	2
Carbohydrate (g)	85	19
of which Sugars (g)	49	11
Protein (g)	18.36	4.04
Salt (g)	0.07	0.02
Fibre (g)	8.59	1.89

Total Weight : 455 g ϵ