

ORGANIC PORRIDGE WITH WHOLE MILK

Ingredients : Whole milk [MILK] , Gluten free jumbo oats [OATS] ,
Frozen mixed berries (Raspberrry,blackcurrant,Strawberries 35%,Blueberries
(60%)) , Maple syrup , Caster sugar , Cornflour

Suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	1450	582
Energy (KCal)	344	138
Fat (g)	9	3
of which Saturates (g)	4	2
Carbohydrate (g)	53	21
of which Sugars (g)	27	11
Protein (g)	11.32	4.55
Salt (g)	0.03	0.01
Fibre (g)	5.20	2.09

Total Weight : 249 g^e