

ORGANIC PORRIDGE WITH WHOLE MILK

Ingredients : Whole milk [MILK] , Gluten free rolled jumbo oats [OATS] , Frozen mixed berries (Raspberry,blackcurrant,Strawberries 35%,Blueberries (60%)) , Maple syrup , Agave syrup , Caster sugar , Cornflour , Date syrup , Water

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	2348	516
Energy (KCal)	558	123
Fat (g)	14	3
of which Saturates (g)	7	2
Carbohydrate (g)	85	19
of which Sugars (g)	49	11
Protein (g)	18.30	4.02
Fibre (g)	8.59	1.89
Salt (g)	0.04	0.01

Total Weight : 455 ge