

ORGANIC PORRIDGE WITH SKIMMED MILK AND
BERRY COMPOTE

Ingredients : Skimmed milk [MILK] (Cow's Milk [MILK]) , Gluten free rolled jumbo oats [OATS] , Frozen mixed berries (Raspberry,blackcurrant,Strawberries 35%,Blueberries 60%) , Maple syrup , Agave syrup , Caster sugar , Cornflour , Date syrup , Water

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

| | Total Per item | Total Per 100 gr |
|------------------------|----------------|------------------|
| Energy (Kj) | 2008 | 441 |
| Energy (KCal) | 474 | 104 |
| Fat (g) | 4 | 1 |
| of which Saturates (g) | 1 | 0 |
| Carbohydrate (g) | 88 | 19 |
| of which Sugars (g) | 51 | 11 |
| Protein (g) | 18.00 | 3.96 |
| Fibre (g) | 8.60 | 1.89 |
| Salt (g) | 0.34 | 0.08 |

Total Weight : 455 ge