

APPLE AND BLACKBERRY CRUMBLE

Ingredients : Blackberry fresh (51%) , Caster sugar , Mascarpone cheese [MILK] (Cream 41% Fat [MILK],Milk Protein Concentrate [MILK],Citric acid) , Gluten free self raising flour (Rice,Potato,Tapioca,Maize,Buckwheat,Raising Agents(Mono Calcium Phosphate, Sodium Bicarbonate),Xanthan Gum) , Free range eggs [EGG] , Butter [MILK] , Sour cream [MILK] (Skimmed Milk [MILK],Cream [MILK],Starter Culture) , Cream cheese [MILK] (Milk [MILK],Salt,Starter Culture,Guar Gum) , Icing sugar (maize starch,Sugar) , Frozen blackberries , Gluten free baking powder (Raising Agents(Mono Calcium Phosphate, Sodium Bicarbonate),Cornstarch) , Natural vanilla (Water,Monopropylene Glycol,Natural Vanilla)

Suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	1397	1270
Energy (KCal)	338	307
Fat (g)	21	19
of which Saturates (g)	13	11
Carbohydrate (g)	34	31
of which Sugars (g)	21	20
Protein (g)	4.11	3.73
Salt (g)	0.36	0.33
Fibre (g)	0.41	0.38

Total Weight : 110 ge