

BLACKFOREST
GF,NF, V

Ingredients : Cream cheese [MILK] (Milk [MILK],Salt,Starter Culture,Guar Gum) , Free range eggs [EGG] , Icing sugar (maize starch,Sugar) , Sunflower oil , Light brown sugar , Caster sugar , White rice flour , Milk chocolate [MILK] [SOYA] (Sugar,Cocoa Butter,Whole Milk Powder [MILK],Cocoa Mass,Emulsifier: Soya Lecithin [SOYA],Flavouring,Natural Vanilla) , Whole milk [MILK] , Butter [MILK] , Gluten free porridge oats , Cocoa powder , Pitted black cherries (Dark Pitted Cherries (55%),Water,Sugar) , Margarine (Palm Oil,rapeseed oil,Coconut Oil,Palm Stearine,Water,Salt,emulsifier: mono and di-glycerides,Vitamin A,Vitamin D,beta-carotene) , Gluten free baking powder (Raising Agents(Mono Calcium Phosphate, Sodium Bicarbonate),Cornstarch) , Salt , Xanthum gum , Vanilla essence (Water,Monopropylene Glycol,Natural Vanilla)

Suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	1868	1525
Energy (KCal)	430	351
Fat (g)	29	24
of which Saturates (g)	12	10
Carbohydrate (g)	41	33
of which Sugars (g)	29	24
Protein (g)	5.97	4.87
Salt (g)	0.71	0.58
Fibre (g)	1.73	1.42

Total Weight : 122.5 gE