

LOLA'S

· B A K E R Y ·

Ingredients : Gluten free self raising flour
(Rice,Potato,Tapioca,Maize,Buckwheat,Raising Agents(Mono Calcium Phosphate, Sodium Bicarbonate),Xanthan Gum) , Coconut sugar , Water , Carrots , Sunflower oil , Pumpkin puree , Unsalted cashew [NUTS] , Coconut milk (Coconut Extract,Water,Emulsifier polysorbate 50,Stabalisers (guar gum, sodium carboxy Methyl Cellulose)) , Coconut oil , Almond milk [NUTS] (Water,Almond 23% [NUTS],Calcium (Tri-Calciumphosphate),Sea Salt,Stabaliser (locust bean gum, gellen gum),Emulsifier: Sunflower Lecithin,Vitamins (Riboflavin B2, B12, D2)) , Dessicated coconut [SULPHITES] , Agave syrup , Lemon juice , Sodium bicarbonate , Ground cinnamon , Orange zest , Nutmeg , Vanilla essence (Water,Monopropylene Glycol,Natural Vanilla) , Lemon zest , Salt

Suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	7915	1237
Energy (KCal)	1892	296
Fat (g)	99	15
of which Saturates (g)	43	7
Carbohydrate (g)	236	37
of which Sugars (g)	123	19
Protein (g)	17.56	2.74
Salt (g)	1.56	0.24
Fibre (g)	9.42	1.47

Total Weight : 640 ge