

**HOT TOASTED BALSAMIC ROASTED BROCCOLI ,
ROASTED PEPPERS, TAPENADE WITH ONION &
MOZZARELLA CIABATTA**

Ingredients : Ciabatta [BARLEY] [RYE] [WHEAT] (WheatFlour [WHEAT],Water,Olive oil,Salt) , Broccoli tenderstem , Black olive paste (Black Olives,Salt,Sunflower Oil,Olive oil) , Grated cheddar mature [MILK] (Cow's Milk [MILK],Salt,Starter Culture,Microbial Rennet,Anti-Caking Agent (Potato Starch 1%)) , Red peppers , Red onion , Mozzarella [MILK] (Cow's Milk [MILK],Vegetable Rennet,Salt,Citric acid) , Butter [MILK] , Balsamic vinegar [SULPHITES] (Wine,Water,Antioxidant:: Sulphites [SULPHITES],Concentrated Grape Must) , Caster sugar , Olive oil , Garlic , Chive , Salt

Suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	3426	956
Energy (KCal)	845	236
Fat (g)	43	12
of which Saturates (g)	16	4
Carbohydrate (g)	94	26
of which Sugars (g)	10	3
Protein (g)	23.90	6.67
Salt (g)	6.19	1.73
Fibre (g)	8.18	2.28

Total Weight : 358.5 ge