

**HOT TOASTED MOZZARELLA, TOMATO, ROCKET &
PESTO CIABATTA**

Ingredients : Ciabatta [WHEAT] (WheatFlour [WHEAT],Water,Olive oil,Salt) , Buffalo mozzarella [MILK] (Buffalo milk [MILK],Salt,Vegeterian Rennet) , Tomatoes , Butter [MILK] , Pesto [MILK] (Basil,Sunflower Oil,Salt,Antioxidant (Ascorbic Acid, (Vitamin C)),Preservative (Lactic Acid),Cow's Milk [MILK],Microbial Remnet,Starter Culture,Garlic) , Sun dried tomatoes [SULPHITES] (Sun Dried Tomatoes,Sunflower Oil,Salt,White Wine Vinegar,Acidity regulators: Citric acid, Sodium Citrate,Antioxidant (Ascorbic Acid, (Vitamin C)),Preservative: Potassium Sorbate,Preservative: E220 [SULPHITES]) , Cherry tomatoes (s) , Basil

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Gluten, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	3505	1099
Energy (KCal)	841	263
Fat (g)	46	14
of which Saturates (g)	26	8
Carbohydrate (g)	79	25
of which Sugars (g)	3	1
Protein (g)	28.24	8.85
Fibre (g)	4.59	1.44
Salt (g)	2.87	0.90

Total Weight : 319 g**e**