

**HOT TOASTED HONEY GLAZED HAM, PICKLE &
CHEDDAR CHEESE CIABATTA**

Ingredients : Ciabatta [WHEAT] (WheatFlour [WHEAT],Water,Olive oil,Salt) , Grated cheddar mature [MILK] (Cow's Milk [MILK],Salt,Starter Culture,Microbial Remnet,Anti-Caking Agent (Potato Starch 1%)) , Honey glazed ham [MEAT] , Piccalilly , Butter [MILK] , Dijon mustard [MUSTARD] (Mustard Seed [MUSTARD],Spirit vinegar,Agave,Sea Salt,Preservative (Lactic Acid),Turmeric,Fennel Seeds,Coriander Seed)

Not suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	3514	1085
Energy (KCal)	843	260
Fat (g)	43	13
of which Saturates (g)	25	8
Carbohydrate (g)	78	24
of which Sugars (g)	1	0
Protein (g)	40.90	12.62
Salt (g)	4.67	1.44
Fibre (g)	3.85	1.19

Total Weight : 324 ge