

HOT TOASTED GARLIC MUSHROOM & SWISS CHEESE
CIABATTA

Ingredients : Ciabatta [WHEAT] (WheatFlour [WHEAT],Water,Olive oil,Salt) , Mushrooms button , Gruyere cheese [MILK] , Butter [MILK] , White onion , Rocket , Chive , Salt , Garlic , Peppercorns

Suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	2952	933
Energy (KCal)	709	224
Fat (g)	33	10
of which Saturates (g)	19	6
Carbohydrate (g)	81	26
of which Sugars (g)	2	1
Protein (g)	25.10	7.93
Salt (g)	4.52	1.43
Fibre (g)	5.02	1.59

Total Weight : 316.5 ge