

PECAN AND PUMPKIN TART

Ingredients : Pasteurised whole egg [EGG] , Golden syrup , Unsalted butter [MILK] , Pumpkin puree , Soft light brown sugar , Gluten free plain flour (Rice,Potato,Tapioca,Maize,Buckwheat) , Gluten free self raising flour (Rice,Potato,Tapioca,Maize,Buckwheat,Raising Agents(Mono Calcium Phosphate, Sodium Bicarbonate),Xanthan Gum) , Double cream [MILK] , Caster sugar , Cream cheese[%] [MILK] (Milk [MILK],Salt,Starter Culture,Guar Gum) , White rice flour , Pecan halves[%] [NUTS] , Whole milk [MILK] , Mixed spice (Coriander Seed,Cinnamon,Dill,Ginger,Nutmeg,Clove) , Salt[%] , Ground cinnamon

Suitable for vegetarians

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	21103	1426
Energy (KCal)	4888	330
Fat (g)	273	18
of which Saturates (g)	152	10
Carbohydrate (g)	601	41
of which Sugars (g)	396	27
Protein (g)	54.88	3.71
Salt (g)	6.98	0.47
Fibre (g)	14.73	1.00

Total Weight : 1480 ge