

ASIAN NOODLE SALAD

Ingredients : Rice noodles (Water,Rice flour,rapeseed oil) , Edamame beans , Broccoli spears , Peppers - s , Tamari [SOYA] (Water,Soybeans [SOYA],Salt,Spirit vinegar) , Sweet chilli sauce (Water,Chillies,Sugar,Glucose fructose syrup,Garlic,Salt,Acetic acid,Modified tapioca starch) , Sesame oil [SESAME] (Sesame [SESAME]) , Mushroom chestnut , Spring onion , Ginger root , Sunflower oil or rapeseed oil , Sesame seed [SESAME] , Black onion seed (Kalonji / Nigella Seed)

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	3115	638
Energy (KCal)	742	152
Fat (g)	30	6
of which Saturates (g)	4	1
Carbohydrate (g)	98	20
of which Sugars (g)	19	4
Protein (g)	22.84	4.68
Fibre (g)	9.53	1.95
Salt (g)	1.35	0.28

Total Weight : 488 ge