

BEETROOT AND JACKFRUIT SALAD

Ingredients : Beetroot cooked , Feta cheese [MILK] (Sheep's Milk [MILK],Goat's Milk [MILK],Salt,Starter Culture,Microbial Rennet) , Jackfruit (Water,Acidity Regulator (Citric acid),Salt) , Rocket , Walnut pieces [NUTS] , Balsamic vinegar [SULPHITES] (Wine,Water,Antioxidant (Sulphites) [SULPHITES],Concentrated Grape Must) , Olive oil , Peppercorns , Salt

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

| | Total Per item | Total Per 100 gr |
|------------------------|----------------|------------------|
| Energy (Kj) | 2770 | 638 |
| Energy (KCal) | 670 | 154 |
| Fat (g) | 53 | 12 |
| of which Saturates (g) | 16 | 4 |
| Carbohydrate (g) | 19 | 4 |
| of which Sugars (g) | 16 | 4 |
| Protein (g) | 22.67 | 5.22 |
| Fibre (g) | 9.48 | 2.19 |
| Salt (g) | 2.72 | 0.63 |

Total Weight : 434 ge