

LEMON AND POPPYSEED LOAF

Ingredients : Caster sugar , Gluten free self raising flour (Rice,Potato,Tapioca,Maize,Buckwheat,Raising Agents(Mono Calcium Phosphate, Sodium Bicarbonate),Stabiliser: Xanthan Gum) , Eggs [EGG] , Sunflower oil or rapeseed oil , Icing sugar (Cornflour Starch,Sugar) , Sour cream [MILK] (Skimmed Milk [MILK],Cream [MILK],Starter Culture) , Lemon juice (3%) , Lemon zest (1%) , Poppy seeds , Gluten free baking powder (Rice flour,Sodium Bicarbonate,sodium di hydrogen diphosphate)

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	31407	1547
Energy (KCal)	7482	369
Fat (g)	365	18
of which Saturates (g)	63	3
Carbohydrate (g)	980	48
of which Sugars (g)	665	33
Protein (g)	72.93	3.59
Fibre (g)	6.20	0.31
Salt (g)	8.41	0.41

Total Weight : 2030 ge