

ETON MESS

Ingredients : Strawberry compote (Strawberry 60%,Water,Sugar,Colouring (Elderberry juice concentrate),Acidity Regulator: Citric Acid,Firming agent: Calcium Chloride,Natural Flavours,Preservative: Potassium Sorbate,Modified maize starch) , Bv cream cheese [MILK] (Modified tapioca starch,permeate, Cheese Base [MILK],Skimmed Milk [MILK],Cream [MILK],Salt,Stabiliser Blend (Xanthan Gum, Locust Bean Gum),Bacterial Starter Culture) , Mascarpone cheese [MILK] (Cream [MILK],Milk [MILK],Acidity Regulator: Citric Acid) , Caster sugar , Gluten free self raising flour (Rice,Potato,Tapioca,Maize,Buckwheat,Raising Agents(Mono Calcium Phosphate, Sodium Bicarbonate),Stabiliser: Xanthan Gum) , Eggs [EGG] , Butter [MILK] , Sour cream [MILK] (Skimmed Milk [MILK],Cream [MILK],Starter Culture) , Icing sugar (Cornflour Starch,Sugar) , White chocolate raspberry meringues [EGG] [MILK] [SOYA] (Sugar,Pasteurised Egg White [EGG],Natural flavourings,Acidity Regulator: Citric Acid,Cocoa Butter,Dried whole milk [MILK],Skimmed Milk Powder [MILK],Emulsifier: Soya Lecithin [SOYA],Natural Vanilla,Colour: anthocyanins-radish) , White chocolate [MILK] [SOYA] (Sugar,Cocoa Butter,Whole Milk Powder [MILK],Emulsifier: Soya lecithin [SOYA],Flavouring,Natural Vanilla) , Freeze dried raspberries , Natural vanilla (Glycerine,Vanilla Powder) , Gluten free baking powder (Rice flour,Sodium Bicarbonate,sodium di hydrogen diphosphate)

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	1783	1320
Energy (KCal)	428	317
Fat (g)	26	19
of which Saturates (g)	16	12
Carbohydrate (g)	43	32
of which Sugars (g)	30	22
Protein (g)	5.17	3.83
Fibre (g)	0.29	0.22
Salt (g)	0.51	0.37

Total Weight : 135 ge

