

CHOCOLATE & CRANBERRY FLAPJACK

Ingredients : Gluten free rolled jumbo oats [OATS] , Sugar free vegan dark chocolate (13%) (Cocoa Mass,Cocoa Butter,Sweetener- Xylitol (25%)) , Flaked almonds [NUTS] , Maple syrup , Dried cranberries (Cranberries,Cane Sugar,Sunflower Oil) , Vegan flora butter (Water,Emulsifier Sunflower Lecithin,Natural Flavours,Filtered Water,Fava Bean Preparation,Coconut Oil,Colour (carotenes),Sunflower Oil,rapeseed oil) , Coconut sugar , Salt , Natural vanilla (Glycerine,Vanilla Powder)

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	1943	1943
Energy (KCal)	463	463
Fat (g)	22	22
of which Saturates (g)	9	9
Carbohydrate (g)	53	53
of which Sugars (g)	25	25
Protein (g)	8.74	8.74
Fibre (g)	6.72	6.72
Salt (g)	0.42	0.42

Total Weight : 100 ge