

**VEGAN QUINOA WITH MINT, ORANGE AND BEETROOT
SALAD**

Ingredients : Red beetroot raw , White quinoa , Oranges (13%) , Olive oil , Fresh mint (2%) , Parsley , Balsamic vinegar [SULPHITES] (Wine,Water,Antioxidant (Sulphites) [SULPHITES],Concentrated Grape Must) , Lemon zest , Salt , Fennel seed , Cumin seeds , Black pepper

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	7255	783
Energy (KCal)	1745	188
Fat (g)	59	6
of which Saturates (g)	7	1
Carbohydrate (g)	240	26
of which Sugars (g)	43	5
Protein (g)	52.45	5.66
Fibre (g)	32.74	3.53
Salt (g)	3.74	0.40

Total Weight : 927 ge