

ROAST CHICKEN SALAD TA

Ingredients : Chicken , Mixed lettuce , Tamari [SOYA] (Water,Soybeans [SOYA],Salt,Spirit vinegar) , Sweet chilli sauce (Water,Chillies,Sugar,Glucose fructose syrup,Garlic,Salt,Acetic acid,Modified tapioca starch) , Flaked almonds [NUTS] , Sesame oil [SESAME] (Sesame [SESAME]) , Sesame seed [SESAME] , Olive oil , Ginger root , Paprika , Lemons , Rosemary , Salt , Peppercorns

Not suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

| | Total Per item | Total Per 100 gr |
|------------------------|----------------|------------------|
| Energy (Kj) | 1254 | 725 |
| Energy (KCal) | 300 | 173 |
| Fat (g) | 18 | 10 |
| of which Saturates (g) | 2 | 1 |
| Carbohydrate (g) | 9 | 5 |
| of which Sugars (g) | 7 | 4 |
| Protein (g) | 25.94 | 14.99 |
| Fibre (g) | 2.30 | 1.33 |
| Salt (g) | 0.95 | 0.55 |

Total Weight : 173 ge