

ROAST CHICKEN SALAD TA

Ingredients : Chicken , Mixed lettuce , Tamari [SOYA] (Water,Soybeans [SOYA],Salt,Spirit vinegar) , Sweet chilli sauce (Water,Chillies,Sugar,Glucose fructose syrup,Garlic,Salt,Acetic acid,Modified tapioca starch) , Flaked almonds [NUTS] , Sesame oil [SESAME] (Sesame [SESAME]) , Sesame seed [SESAME] , Olive oil , Ginger root , Paprika , Lemons , Rosemary , Salt , Peppercorns

Not suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	1254	725
Energy (KCal)	300	173
Fat (g)	18	10
of which Saturates (g)	2	1
Carbohydrate (g)	9	5
of which Sugars (g)	7	4
Protein (g)	25.94	14.99
Fibre (g)	2.30	1.33
Salt (g)	0.95	0.55

Total Weight : 173 ge