

INDIVIDUAL CHOCOLATE TART

Ingredients : Double cream [MILK] , Gluten free plain flour (Rice,Potato,Tapioca,Maize,Buckwheat) , Dark chocolate (10%) [SOYA] (Cocoa Mass,Sugar,Cocoa Butter,Emulsifier Soya Lecithin [SOYA],Natural Vanilla) , Whole milk [MILK] , Butter [MILK] , Caster sugar , Egg yolk [EGG] , Light brown sugar (Sugar,Cane molasses,Inverted Sugar Syrup) , Milk chocolate (2%) [MILK] [SOYA] (Sugar,Cocoa Butter,Whole Milk Powder [MILK],Cocoa Mass,Emulsifier Soya Lecithin [SOYA],Flavouring,Natural Vanilla) , Ground almonds [NUTS] , Chocolate shavings [MILK] [SOYA] (Sugar,Cocoa Butter,Whole Milk Powder [MILK],Cocoa Mass,Emulsifier Soya Lecithin [SOYA],Skimmed Milk Powder [MILK],Natural Vanilla) , Agar agar , Stabiliser xanthan gum , Water , Salt

Suitable for vegetarians

For allergens please see ingredients in bold.

Please note our Bakery handle Nuts, Milk, Eggs, Soya, Peanuts, Sesame and Sulphites.

Nutritionals

	Total Per item	Total Per 100 gr
Energy (Kj)	3059	1748
Energy (KCal)	733	419
Fat (g)	48	27
of which Saturates (g)	27	16
Carbohydrate (g)	65	37
of which Sugars (g)	42	24
Protein (g)	7.21	4.12
Fibre (g)	7.33	4.19
Salt (g)	0.63	0.36

Total Weight : 175 ge